

CHILD WATCH

Ages: 6 weeks - 5 years
Times: Monday-Saturday • 8:00-11:00 am
Monday-Thursday • 5:00-7:30 pm

Want to squeeze in a workout but need childcare? Our staff will meet your child's needs by providing a fun and safe environment while you enjoy use of the building. Purchase a Child Watch Card at Member Services.

YOUTH & FAMILY LOUNGE

Ages: 5 years and over
Supervised Times: Monday-Thursday
3:30-6:30 pm

Enjoy a workout while the children are supervised by Y staff in our Youth & Family Lounge featuring ping pong, foosball, air hockey, carpetball table, Xergame Sportswall and Xbox Kinect. The lounge also has tables and chairs for homework, reading or board games. FREE for members.



OVERVIEW

At the Marshfield Clinic Health System YMCA, we give kids an opportunity to make new friends, have new experiences, and enjoy the kind of learning and exploration they just can't get in the classroom. Our youth programs focus on three simple things:

Quality Staff - Role models who you can trust to keep your child safe, while encouraging all kids to broaden horizons through learning, play, and socialization.

Flexibility - We offer choices for both you and your child. We want you to be able to choose the days you need and activities that meet your needs and your child's interests.

Experiential Learning - Activities that get your child outside exploring the world around them. We believe that play is one of the best ways to grow and learn.

CONTACT

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TOGETHER ENRICHING LIVES



Marshfield Clinic

HEALTH SYSTEM



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GROW LEARN EXPLORE



**MARSHFIELD CLINIC
HEALTH SYSTEM YMCA**

Youth Programs

Winter 1 Session

January 2 - February 18, 2018

YOUTH SPORTS & SPECIAL PROGRAMS

At the Y, we don't just teach swimming or provide child care; we're about youth development, ensuring that all children and teens reach their full potential by helping them grow - physically, mentally, and socially. Join us and integrate fun and play in your day.

HEALTHY KIDS DAY

SATURDAY, FEBRUARY 10

10 AM - 1 PM

FREE TO THE COMMUNITY

ALL AGES WELCOME

Join us for this free community event to inspire parents and kids to stay physically and intellectually active. Healthy Kids Day® is the Y's national initiative to improve health and well-being of kids and families and will feature fun activities to motivate and teach families how to develop healthy routines at home. A list of scheduled events will be available on our website closer to the date. For more information, contact Sara Henrichs, Senior Program Director.



Parents Night Out

Want a Friday evening to dine out or catch a movie? Why not bring your kids to the Y? They can play games, watch movies, enjoy a nutritious snack, and socialize with friends, while you spend time enjoying your interests. Open to youth ages 1-12. Pre-registration is required.

Fridays: January 5 & 26 • February 2 & 23
5:30 - 8:30 pm

Y-Member: \$10 per child
Participant: \$15 per child
Each additional sibling: \$6

Saturday Night Live **NEW**

Pool & Gym party for teens, grades 7-9. It's Saturday Night Live at the Y, a safe hang-out with friends. The evening also includes pizza, chips and soda.

Saturday, January 13
5:30 - 9:00 pm

Y-Member: \$1 per child
Participant: \$2 per child

Youth Night **NEW**

An evening of swimming, sports, socializing and fun at the YMCA. This event is exclusive and FREE to Marshfield and surrounding area youth in grades 4-6.

Saturday, January 27
5:30 - 8:30 pm

FIT-TASTIC

Saturdays: January 27 & February 3, 10 & 17
Grades K-6

9:00 - 9:45 am or 10:00 - 10:45 am

The Fit-tastic program is both fitness fun and nutrition information. Your children will be asking for healthier snack choices and more healthy activities.

Fee: \$4 per child

FLOOR HOCKEY

Tuesdays

6:15 - 7:00 pm for ages 5-9

7:15 - 8:00 pm for ages 9-12

Kids will have a great time learning floor hockey fundamentals at the Y.

Y-Member: \$25 • Participant: \$38

HOMESCHOOL GAMES FOR ALL

Tuesdays: 10:00 - 11:00 am

Play, socialize, learn new skills, improve your self-esteem and develop healthy habits with the Y's Homeschool Physical Education program.

Y-Member: \$25 per child

Participant: \$38 per child

Each additional sibling: \$6

HOMESCHOOL ART CLASS **NEW**

Tuesdays: 11:15 - Noon

Creativity will come to life with this art class. Projects will use paint, tissue paper and unique designs and will vary weekly.

Y-Member: \$25 per child

Participant: \$38 per child

Each additional sibling: \$8

TAE KWON DO

Mondays: 6:30 - 8:30 pm

Ages 6 and up

Designed for both the newest and skilled Tae Kwon Do participants. Uniform purchased for additional cost.

Y-Member: \$35 • Participant: \$53