



Small Pool Schedule

APRIL 1 – MAY 26, 2024

	MON	TUE	WED	THU	FRI	SAT	SUN	
5:30 am	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
6:00 am			CLOSED					
7:30 am	Adult Swim 7:30-8:30		Adult Swim 7:30-8:30		Adult Swim 7:30-8:30			
8:00 am	Sr Water Ex Class 8:30-9:15		Arthritis Class 8:30-9:15		Arthritis Class 8:30-9:15			Arthritis Class 8:30-9:15
8:30 am	CLOSED	CLOSED	CLOSED	CLOSED	Sr Water Ex Class 9:20-10:05	Swim Lessons 9:00-10:30	Adult Swim 8:00-10:00	
9:00 am			CLOSED					
9:15 am	Family Swim 10:00-11:15		CLOSED		Family Swim 10:00-11:15	CLOSED	Family Swim 10:30-12:30	Family Swim 10:00-12:30
9:30 am			CLOSED					
10:00 am			CLOSED					
10:15 am	CLOSED		CLOSED		CLOSED	CLOSED	CLOSED	CLOSED
10:30 am					CLOSED			
11:15 am					CLOSED			
12:00 pm					CLOSED			
12:30 pm	CLOSED		CLOSED		Sr Water Ex Class 12:00-12:45	CLOSED	CLOSED	CLOSED
1:00 pm					CLOSED			
2:00 pm					CLOSED			
3:30 pm	Family Swim 3:30-5:00	Family Swim 3:30-5:00	Family Swim 3:30-5:00	Family Swim 3:30-5:00	Family Swim 3:30-7:30	CLOSED	CLOSED	
4:00 pm	Swim Lessons 5:00-7:15	Swim Lessons 5:00-7:15	Swim Lessons 5:00-7:15	Swim Lessons 5:00-7:15				
5:00 pm								
6:00 pm								
7:00 pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		
7:30 pm								

AQUATIC CENTER – SMALL POOL RULES

Limit 25 bathers:

- Youth ages 11 and under must be accompanied by an adult in the Aquatic Center at all times.
- Scheduled programs have exclusive use of the small pool.
- YMCA Swim Lessons may be scheduled during Adult Swim times.

**ONLINE POOL
SCHEDULE
AVAILABLE AT
WWW.MFLDYMCA.ORG**



Large Pool Schedule

APRIL 1 – MAY 26, 2024

	MON	TUE	WED	THU	FRI	SAT	SUN			
5:30 am	Lap Swim/ Adult Swim 5:30-9:00	Lap Swim/ Adult Swim 5:30-9:00	Lap Swim/ Adult Swim 5:30-9:00	Lap Swim/ Adult Swim 5:30-3:30	Lap Swim/ Adult Swim 5:30-3:30	CLOSED	Lap Swim/ Adult Swim 8:00-10:00			
6:00 am										
7:00 am										
8:00 am										
8:45 am										
9:00 am	Water Ex Class 9:00-10:00	Lap Swim/ Adult Swim 5:30-3:30	Water Ex Class 9:00-10:00	Lap Swim/ Adult Swim 5:30-3:30	Water Ex Class 9:00-10:00	Swim Lessons 9:00-10:30	Lap Swim/ Adult Swim 8:00-10:00			
9:30 am										
10:00 am	Lap Swim/ Adult Swim 10:00-3:30		Lap Swim/ Adult Swim 10:00-3:30		Lap Swim/ Adult Swim 10:00-3:30	Lap Swim/ Adult Swim 10:00-3:30		Lap Swim/ Adult Swim 10:00-3:30	Family Swim 10:30-12:30	Family Swim 10:00-12:30
10:30 am										
11:00 am										
12:00 pm										
12:30 pm										
1:00 pm	Swim Team 3:30-5:30	Swim Team 3:30-5:30	Swim Team 3:30-5:30	Swim Team 3:30-5:30	Swim Team 3:30-5:30	CLOSED	CLOSED			
2:00 pm										
3:00 pm										
3:30 pm										
4:00 pm										
5:00 pm										
5:30 pm	Swim Lessons 5:30-7:30	Water Ex Class 5:30-6:30	Swim Lessons 5:30-7:30	Water Ex Class 5:30-6:30	Family Swim 5:30-7:30	CLOSED	CLOSED			
6:00 pm										
6:30 pm		Swim Lessons 6:30-7:30		Swim Lessons 6:30-7:30						
7:00 pm										
7:30 pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED					

AQUATIC CENTER – LARGE POOL RULES

- Youth ages 11 and under must be accompanied by an adult in the Aquatic Center at all times.
- During scheduled programs, one lap lane will be available for lap swim/adult swim.
- YMCA Swim Lessons may be scheduled during Adult Swim times.

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