



STAY ON TRACK WITH OUR **NEW** MOBILE APP!

DOWNLOAD TODAY!

Available on the
App Store

ANDROID APP ON
Google Play

SEARCH: MARSHFIELD YMCA

A NEW WAY TO EXPERIENCE THE Y

The Marshfield Clinic Health System YMCA's free mobile app provides more ways for you to engage with the Y and meet your fitness goals. Features include: access class schedules and reserve a spot in class, workout tracking, and syncing with popular tracking devices and apps like FitBit and MyFitnessPal.

HOW TO DOWNLOAD THE APP:

- Go to Google Play (for Android devices) or the App Store (for Apple devices) or scan the QR codes below
- Search for "Marshfield YMCA"
- Tap Install/Get and Open
- Once in the app, tap on Sign Up
- Choose your home YMCA location
- Create an Account (first time only) with your email address and create your own password
 - From there, you can personalize your profile with a profile photo and more
- Explore the Y Mobile App!

A LIST OF FREQUENTLY ASKED QUESTIONS & TIPS CAN BE FOUND AT WWW.MFLDYMCA.ORG/APP

If you need assistance, please visit the Y's Welcome Center or call the YMCA at 715.387.4900.

Scan
code to
download
App.



Download
Apple App



Download
Android App

APP FEATURES

FIND A CLASS - Use the enhanced filter options to find a class by location, date, instructor, or class type, then reserve your spot in class.

PROGRAM REGISTRATION (COMING SOON)
Register and pay online for swim lessons and youth sports programs.

FACILITY SCHEDULES - View all class schedules, program brochures, and Y forms in pdf format.

CHALLENGES (COMING SOON) - Stay motivated throughout your fitness journey by participating in fitness and wellness challenges.

GOAL CENTER - Create and manage your wellness goals by workout type, calories burned, time or distance.

WORKOUTS - Track your progress by recording your workouts by manually typing in the information or use the fast and convenient xCapture feature.

BIOAGE - A holistic health and fitness metric, BioAge combines complex data points into one easy-to-understand metric for improved progress measurement and motivation.

TRAINING - Request a personal trainer to schedule a fitness assessment or begin a customized workout plan.

COMMUNITY FEED - Share your workouts and connect with others.

CONNECTED APPS - Streamline your healthy data and sync your activity with popular fitness tracking devices and apps.