

MEMBERSHIP

MEMBERSHIP CATEGORIES AND RATES

We strongly believe in making our facilities, programs and classes accessible to all. Within our available resources, we provide assistance to those who wish to participate, regardless of ability to pay. If our fees are a concern, please ask about our Financial Assistance Program.

Membership Type	Monthly Rate	Joining Fee
YOUTH Ages 18 & under	\$23.00	\$10.00
COLLEGE STUDENT Full-time student (12 or more credits)	\$33.75	\$10.00
ADULT Ages 19 and older	\$47.50	\$25.00
FAMILY Two adults and all Dependents	\$65.75	\$50.00
SINGLE PARENT FAMILY One adult and all Dependents	\$50.25	\$30.00
SENIOR ADULT One adult 62 years of age or older	\$43.00	\$25.00
SENIOR COUPLE Two adults 62 years of age or older	\$59.00	\$30.00
ADD-ON OPTION 24-Hour Fitness Center Access	\$25.00 one time fee	

- All membership fees are non-refundable and non-transferable.
- Cancellation of membership paid with bank draft requires notice by the 13th day of the month.
- Cancellations are accepted by phone or email.
- If membership lapses and is not reinstated within 60 days, joiner fee must be paid again.



HOURS OF OPERATION

Monday - Friday 5 am - 9 pm
 Saturday 7 am - 5 pm
 Sunday 8 am - 5 pm

Check our website for holiday hours, pool and gym schedules.

MARSHFIELD CLINIC HEALTH SYSTEM YMCA

410 West McMillan Street
 Marshfield, WI 54449
 P: 715.387.4900
 F: 715.384.7085
www.mfldymca.org



TOGETHER ENRICHING LIVES



12/2018

YOU BELONG HERE



MARSHFIELD CLINIC HEALTH SYSTEM YMCA

JOIN US TODAY!

ABOUT THE Y

At the Y, we offer a variety of programs for all ages. From fitness to childcare to youth sports and beyond, the Y has something for everyone. These programs are printed in our Member Information Guide, which is available on our website at www.mfldymca.org or at our Member Services area. Program registration is held six times annually. Y Members receive a discount on programs and classes as well as priority registration dates.

OUR MISSION

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

MEMBERSHIP BENEFITS

- No contracts
- Access to YMCA's nationwide
- State-licensed youth programs
- An atmosphere centered on family values
- Full facility access to the state-of-the-art healthy living center, gyms, pools, walking/running track, cycling studio, youth & family lounge, and member lounge
- FREE fitness testing, wellness consultation, exercise instruction and equipment orientation
- 24-hour access to Fitness Center with key fob for a one-time fee
- Child Watch at a reduced fee for ages 6 weeks to 5 years
- Locker rentals
- Unlimited group exercise classes for an extra reduced fee for members only
- Access to personal training
- Community-building activities like volunteering and family-friendly events
- Senior adult programs and activities; we are a SilverSneakers location
- Special member pricing on programs
- Early program registration opportunities
- Coupon vouchers mailed annually
- **And so much more!**

OUR AREAS OF FOCUS

At the Y, strengthening community is our cause. We believe positive, lasting personal and social change only comes when we all work together to invest in our kids, our health, and our neighbors. That's why we work in three areas: Youth Development, Healthy Living and Social Responsibility.

YOUTH DEVELOPMENT

Nurturing the potential of every child and teen

- Swim Lessons
- Swim Team
- Cardio Classes
- Child Care
- Youth & Teen Nights
- 4K Program
- Home School Programs
- Youth Sports
- Tae Kwon Do
- Child Watch
- Afterschool Care
- Summer Day Camp

HEALTHY LIVING

Improving the nation's health and well-being

- Private Swim Lessons
- Water Exercise
- Adult Sports
- Personal Training
- Seniors on the Move
- Fit Start and Fitness Center Orientations
- Arthritis Aquatic Program
- CPR/First Aid Courses
- SilverSneakers Classes
- Group Exercise Classes
- MX4 Small Group Training
- YMCA Diabetes Prevention Program

SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors

- Annual Campaign
- Togetherhood®
- Community Programs
- Volunteer Opportunities
- Heritage Club
- Collaborations

WE'RE ALL ABOUT BRINGING PEOPLE TOGETHER IN OUR NEW HOME.

We're a community hub dedicated to providing plenty of opportunities and events to meet new people, learn new things, and make a difference in the Marshfield area. Learn about our new community programs and events, such as:

- A multigenerational community room where all members and staff can gather
- A teaching kitchen with educational demos and classes
- A member lounge to strengthen family and community relationships
- Events for members of all ages to build community and have fun

OUR FACILITIES

FACILITY AMENITIES

Every inch of our newly constructed and renovated, 120,000 square-foot facility is dedicated to our community, and you're an important part of that. With new equipment, perfectly designed spaces for our programs, and staff and partners ready to help you learn more and feel your best—we can't wait for you to experience the new Y.

FITNESS

We're committed to fostering a healthy community. Our facility provides ample space for all your fitness activities, from group exercise to weights. Fitness opportunities include:

- The Roehl Fieldhouse - a multi-sports complex that includes 3 high school regulation size basketball courts
- 2 indoor tracks with running and walking lanes
- An expansive Healthy Living Center for cardio and weightlifting with brand-new, state-of-the-art equipment
- Dedicated group exercise rooms

AQUATICS

Enjoy water fitness classes, swim lessons, and more. Come with family to enjoy a day of fun or dive into a fitness routine. Our handicap-accessible Aquatics Center includes:

- A 25-yard, six-lane lap pool
- A teaching/therapy pool
- Whirlpool spa

CHILDCARE

The new Everett & Dolores Roehl Youth Center was designed with a goal of youth development in mind. Our new childcare center provides affordable, top-quality, all-day childcare to support working families. The new facility offers:

- State-licensed childcare facilities and programs
- Breakfast, snacks and lunches for childcare provided by the Y's new kitchen staff
- Outdoor playgrounds
- Partnerships with Marshfield Clinic Health System Youth Net, Wood County Head Start, and the School District of Marshfield Alternative School

