

# MEMBERSHIP

2022

## MEMBERSHIP CATEGORIES AND RATES

We strongly believe in making our facilities, programs and classes accessible to all. Funds raised from the YMCA Annual Campaign provide assistance to those who wish to participate, regardless of ability to pay. If our fees are a concern, please ask about our Financial Assistance Program.

Membership Type	Monthly Rate	Joining Fee
<b>YOUTH</b> Ages 17 & under	\$27.00	\$10.00
<b>COLLEGE STUDENT</b> Full-time student (12 or more credits)	\$38.00	\$10.00
<b>ADULT</b> Ages 18 and older	\$53.00	\$25.00
<b>FAMILY</b> Two adults and all Dependents	\$73.00	\$50.00
<b>SINGLE PARENT FAMILY</b> One adult and all Dependents	\$57.00	\$30.00
<b>SENIOR ADULT</b> One adult 62 years of age or older	\$48.00	\$25.00
<b>SENIOR COUPLE</b> Two adults 62 years of age or older	\$66.00	\$30.00
<b>ADD-ON OPTION</b> 24/7 Healthy Living Center, Track, & Fieldhouse Access	\$25.00 one time fee	

- All membership fees are non-refundable and non-transferable.
- Cancellation of membership paid with bank draft or credit card requires notice by the 13th day of the month.
- Cancellations are accepted by phone or email.
- If membership lapses and is not reinstated within 60 days, joiner fee must be paid again.



## CURRENT HOURS OF OPERATION

Monday - Friday      5 am - 8 pm  
 Saturday              7 am - 4 pm  
 Sunday                 8 am - 1 pm

Check our website or new mobile app for holiday hours, pool and gym schedules.

## MARSHFIELD CLINIC HEALTH SYSTEM YMCA

410 West McMillan Street  
 Marshfield, WI 54449

P: 715.387.4900

F: 715.384.7085

[www.mfldymca.org](http://www.mfldymca.org)



TOGETHER ENRICHING LIVES



# YOU BELONG HERE

## MEMBERSHIP GUIDE



2022



## MARSHFIELD CLINIC HEALTH SYSTEM YMCA

JOIN US TODAY!

# ABOUT THE Y

At the Y, we offer a variety of programs for all ages. From fitness to swim lessons to youth sports and beyond, the Y has something for everyone. Y Members receive a discount on fee-based programs and classes as well as priority registration dates.

## OUR MISSION

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

## MEMBERSHIP BENEFITS

- No contracts
- Access to YMCA's nationwide
- An atmosphere centered on family values
- Full facility access to our State-of-the-Art Healthy Living Center, Aquatic Center, Strength Training Center, Gyms, Indoor Track, Group Exercise Studios, and Youth & Family Lounge
- **NEW** **FREE** group exercise classes
- Equipment orientation, fitness testing, wellness consultation, and exercise instruction
- 24-hour access to the Healthy Living Center & Roehl Fieldhouse Gym & Track with key fob for a one-time fee
- **NEW** **FREE** Child Watch for ages 6 weeks to 5 years
- Member Lounge with coffee station
- Priority registration and reduced fees for youth programs and swim lessons
- Access to personal training
- Senior adult programs and activities; we are a SilverSneakers location
- FREE WiFi
- Men's and Women's Locker Rooms with sauna
- Individual/Family/Special Needs Changing Rooms with private amenities
- Community-building activities like volunteering and family-friendly events
- **And so much more!**

# OUR AREAS OF FOCUS

At the Y, strengthening community is our cause. We believe positive, lasting personal and social change only comes when we all work together to invest in our kids, our health, and our neighbors. That's why we work in three areas: Youth Development, Healthy Living and Social Responsibility.

## YOUTH DEVELOPMENT

Nurturing the potential of every child and teen

- Swim Lessons
- Swim Team
- Cardio Classes
- Child Care
- Youth & Teen Nights
- 4K Program
- Home School Programs
- Youth Sports
- Tae Kwon Do
- Child Watch
- Afterschool Care
- Summer Day Camp

## HEALTHY LIVING

Improving the nation's health and well-being

- Private Swim Lessons
- Water Exercise
- Adult Sports
- Personal Training
- Seniors on the Move
- Fit Start and Wellness Center Orientations
- Arthritis Aquatic Program
- CPR/First Aid Courses
- SilverSneakers Classes
- Group Exercise Classes
- Small Group Training Classes
- YMCA Diabetes Prevention Program

## SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors

- Annual Campaign
- Collaborations
- Community Programs
- Volunteer Opportunities
- Heritage Club

### WE'RE ALL ABOUT BRINGING PEOPLE TOGETHER IN OUR HOME.

We're a community hub dedicated to providing plenty of opportunities and events to meet new people, learn new things, and make a difference in the Marshfield area. Learn about our community programs and events, such as:

- A multigenerational community room where all members and staff can gather
- A member lounge to strengthen family and community relationships
- Events for members of all ages to build community and have fun



# OUR FACILITIES

## FACILITY AMENITIES

Every inch of our 120,000 square-foot facility is dedicated to our community, and you're an important part of that. With state-of-the-art equipment, perfectly designed spaces for our programs, and staff and partners ready to help you learn more and feel your best—we can't wait for you to experience the YMCA.

### FITNESS

We're committed to fostering a healthy community. Our facility provides ample space for all your fitness activities, from group exercise to weights. Fitness opportunities include:

- The Roehl Fieldhouse - a multi-sports complex that includes 3 high school regulation size basketball courts
- 2 indoor tracks with running and walking lanes
- An expansive Healthy Living Center for cardio and strength training with state-of-the-art equipment
- Dedicated group exercise studios and FREE group exercise classes

### AQUATICS

Enjoy water fitness classes, swim lessons, and more. Come with family to enjoy a day of fun or dive into a fitness routine. Our handicap-accessible Aquatics Center includes:

- A 25-yard, six-lane lap pool
- A teaching/therapy pool
- Whirlpool spa

### CHILD CARE

The Everett & Dolores Roehl Youth Center was designed with a goal of youth development in mind. Our child care center provides affordable, top-quality, all-day child care to support working families. The Youth Center offers:

- State-licensed child care facilities and programs
- Breakfast, snacks and lunches for child care provided by the Y's kitchen staff
- Outdoor playgrounds
- Partnerships with Wood County Head Start and the School District of Marshfield Alternative School