



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Ministry St. Joseph's Hospital Fitness Center Frequently Asked Questions & Answers

Q: Who can use the Fitness Center?

A: Ministry employees and their spouse (this includes full time, part time, and casual employee status). Ministry St. Joseph's Hospital retirees and their spouse, and Ministry St. Joseph's Hospital volunteers can also use the Fitness Center.

Q: What hours will it be open?

A: 24 hours a day, 7 days a week.

Q: Will there be a staff person at the MSJH Fitness Center?

A: The Marshfield Area YMCA will have a staff person onsite Monday and Wednesday from 3:00 pm until 5:00 pm. If you have questions or need assistance during non-staffed hours, please contact the Y at 715.387.4900 or at info@mfldymca.org.

Q: How will I get in the Fitness Center?

A: Employees ID badges will be granted access after they have taken out their chosen membership through the Marshfield Area YMCA. Employee ID badge will be activated within one week of taking out the membership. Spouses of Employees, Retired Employees, and Hospital Volunteers who are included in the membership must contact Marni in the Ministry Saint Joseph's Hospital HR department after one week of taking out the membership to pick-up a Fitness Center badge. Badge scanners are located at the east and south entrances of the Fitness Center.

Q: Is there a fee to use the Fitness Center?

A: Yes, if you are not an existing Marshfield Area YMCA member, the cost is \$20 per month for employee, retired employee, or Hospital volunteer, and an additional \$10 per month for employee spouse or retired employee spouse. If you are an existing Marshfield Area YMCA member, there is no additional cost to use the Fitness Center. Refer the MSJH Membership link on the Y website for further information.

Q: How do I sign up for a membership?

A: 1. Visit the MSJH Fitness Center during YMCA staffed hours – Monday and Wednesday from 3:00 pm – 5:00 pm.

OR

2. Visit the Marshfield Area YMCA during normal business hours to complete the necessary paperwork: Monday – Friday, 5:00 am–9:00 pm; Saturday, 7:00 am–5:00 pm; Sunday, 8:00 am–5:00 pm.

Q: Will there be a separate cost for classes like there was previously?

A: Yes, classes will be an additional fee. Please refer to the MSJH Group Exercise link on the Y website for further information.

Q: Can a YMCA non-member participate in classes?

A: Yes, there is a non-member fee for Ministry employees separate from the member fee for classes. Please refer to the MSJH Group Exercise link on the Y website and click on the current list of group exercise classes for further information. As a non-member, access to the Fitness Center for classes will be granted by the instructor approximately 10–15 minutes prior to the start of class.

Q: Is there a benefit to being a member of the Marshfield Area YMCA versus just a MSJH Fitness Center member?

A: Yes, as a member of the Marshfield Area YMCA, a Ministry employee member receives one free Group Exercise class per session and one free Swimming class per child per session for the family membership (one free swimming class per summer session). Plus, you have access to the many services and programs the Marshfield Area YMCA provides for you and your family.

Q: I am not a member of the Marshfield Area YMCA, but am a YMCA member in another community, can I utilize the MSJH Fitness Center?

A: Use of the MSJH Fitness Center requires a MSJH Fitness Center membership separate from your non-Marshfield Area YMCA membership. The YMCA One Wisconsin program is for members of other Wisconsin YMCA's to use YMCA facilities in the Wisconsin communities that they are visiting. A person is supposed to take out a membership where they live or will use it the most. This member is welcome to use the Marshfield Area YMCA at 410 W. McMillan, but our agreement with Ministry Saint Joseph's Hospital is for Marshfield Area YMCA members who are MSJH employees and their spouses, and retired employees and their spouses, and MSJH volunteers. The Marshfield Area YMCA is managing a program for Ministry Saint Joseph's Hospital, the MSJH Fitness Center is not a Marshfield Area YMCA branch. Therefore, we will only honor the One Wisconsin program at the Marshfield Area YMCA at 410 W. McMillan.