

Small Pool Schedule

MARCH 25 – MARCH 31, 2024



AQUATIC CENTER – SMALL POOL RULES

- **Youth ages 11 and under must be accompanied by an adult in the Aquatic Center at all times.**
- **Scheduled programs have exclusive use of the small pool.**
- **YMCA Swim Lessons may be scheduled during Adult Swim times.**

**ONLINE POOL
SCHEDULE
AVAILABLE AT
WWW.MFLDYMCA.ORG**

MARCH 25 – MARCH 31, 2024



	MON	TUE	WED	THU	FRI	SAT	SUN
5:30 am	Lap Swim/ Adult Swim 5:30-9:00	Lap Swim/ Adult Swim 5:30-3:30	Lap Swim/ Adult Swim 5:30-9:00	Lap Swim/ Adult Swim 5:30-9:00	Lap Swim/ Adult Swim 5:30-9:00	CLOSED	CLOSED HAPPY EASTER!
6:00 am							
7:00 am						Lap Swim/ Adult Swim 7:00-9:00	
8:00 am							
9:00 am	Water Ex Class 9:00-10:00	Water Ex Class 9:00-10:00	Water Ex Class 9:00-10:00	Water Ex Class 9:00-10:00	Family Swim 9:00-12:30		
9:30 am							
10:00 am	Adult Swim (3 lanes) Staff Training (3 lanes) 10:00-3:30	Adult Swim (3 lanes) Staff Training (3 lanes) 10:00-3:30	Adult Swim (3 lanes) Staff Training (3 lanes) 10:00-3:30	Lap Swim/ Adult Swim 10:00-3:30			
10:30 am							
11:00 am							
11:30 am							
12:00 pm							
12:30 pm							
1:00 pm							
2:00 pm							
3:00 pm	Family Swim 3:30-5:30	Family Swim 3:30-7:30	Family Swim 3:30-5:30	Family Swim 3:30-7:30	CLOSED		
3:30 pm							
4:00 pm							
5:00 pm							
5:30 pm							
6:00 pm							
6:30 pm							
7:00 pm							
7:30 pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

AQUATIC CENTER – LARGE POOL RULES

- Youth ages 11 and under must be accompanied by an adult in the Aquatic Center at all times.
- During scheduled programs, one lap lane will be available for lap swim/adult swim.
- YMCA Swim Lessons may be scheduled during Adult Swim times.

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