

Please be aware that your key fob is to be used only for your own personal entrance into the facility outside of staffed hours of operation. Members with 24-hour access cannot grant access to other individuals, even if they are Marshfield Clinic Health System YMCA members and known to you. This is so the Y can track who is in the building at all times. Granting access to another individual will result in the member losing 24-hour access and possible termination of Y membership.

SAFETY & SECURITY

We highly recommend that you exercise with another member who has 24-hour access, when doing so outside of staffed hours of operation. The YMCA has a 24-hour video recording system for security purposes. It will be reviewed on a daily basis to address any security concerns and monitor who is using our 24-hour facility. Please note that this system does not provide staffing assistance for any emergency that might arise. A telephone is located in the fitness center in case of emergency. In the event of an emergency, dial 9 then 911. The Marshfield Clinic Health System YMCA address is posted by the telephone and emergency personnel will be able to access the building during non-staffed hours of operation.

For safety purposes, some parking lot lights will remain on after the Y closes. Please park your vehicle in the area of the parking lot that is lit. There is no parking in the driveway adjacent to the Y entry, that area must remain clear in the event of an emergency. Snow removal will not be enforced until staffed hours of operation, possibly later due to certain weather conditions. Members with 24-hour access can utilize the fitness center, but at their own risk from the elements.

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MARSHFIELD CLINIC HEALTH SYSTEM YMCA

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1/2018



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FOR HEALTHY LIVING
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YOUR HEALTH ON YOUR TIME!



MARSHFIELD CLINIC HEALTH SYSTEM YMCA 24-HOUR FITNESS CENTER ACCESS

24-HOUR ACCESS GUIDELINES

As a Y member with 24-hour access, you may use the Marshfield Clinic Health System YMCA Fitness Center at any time. Other areas of the Y will be staffed during advertised hours of operation, but once the Y closes, there will be no Y staff on hand to assist members. After staffed hours of operation, ONLY Marshfield Clinic Health System YMCA adult members who have signed a 24/7 access waiver and purchased a key fob will have access to the Fitness Center.

THE Y IS STAFFED DURING THE FOLLOWING DAYS AND TIMES:

Monday – Friday 5:00 am – 9:00 pm

Saturday 7:00 am – 5:00 pm

Sunday 8:00 am – 5:00 pm

**Please refer to the Y's website, mfldymca.org for special holiday hours.

AGE REQUIREMENTS

24-hour access to the YMCA's Fitness Center is for Marshfield Clinic Health System YMCA Members only, 18 years of age and older. It is not available for group memberships, the AWAY Program or the One Wisconsin Program. Each adult member wanting 24-hour access is required to purchase their own key fob and must use it to gain access outside of staffed hours of operation. Key fobs may not be shared with other members (including family). Doing so would be a violation of our guidelines and will result in losing 24-hour access to the YMCA and possible termination of membership.



KEY FOBs

Adult Y members wanting 24-hour access to the Marshfield Clinic Health System YMCA will be required to sign a 24-hour access waiver to receive their personal key fob for entry. Key fobs can be purchased from Member Services during staffed hours of operation for \$25. If a Y member damages or loses their key fob, they should report that to the Y as soon as possible. A replacement key fob can be purchased for \$10. Your key fob is unique to your membership and will allow access as long as your membership remains current.

To access the Fitness Center, hold the key fob up to the fob reader to the right of the door, you will hear the door activate and see the reader light turn from red to green when the key fob is read. Upon activation, pull on the door to gain access (there is a 5 second time limit). To exit the Y, wave your hand in front of the reader to the left of the door. When you hear the door activate and see the reader light turn from red to green, push on the door to exit (there is a 5 second time limit). Do not exit through the door marked emergency exit only. When entering and exiting the Fitness Center, please ensure the door closes behind you. Do not hold the door for anyone, as they will need to use their key fob for access.

GUEST POLICY

Guests are welcome to use the Marshfield Clinic Health System YMCA facilities, during staffed hours of operation, by paying the appropriate guest fee upon arrival. Guests will not be allowed 24-hour access, as it is for Marshfield YMCA members only. If a Y member provides 24-hour access to a guest, that Y member will lose their 24-hour access privileges and possible termination of membership.

HONOR CODE

With the addition of 24-hour access to our Fitness Center, the Marshfield Clinic Health System YMCA is adopting a strict honor code based on Y values of honesty, respect, caring and responsibility. If a Y member fails to abide by the guidelines established, their 24-hour access and potentially their membership will be revoked with no refunds given. These guidelines are in place for the safety and security of our members and deviations from our values are deemed inappropriate to our mission.

